



# MESSAGE NOTES

## A Daily Relationship With God

Luke 10:41-42

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### 1. Only thing necessary

*Luke 10:41-42 “Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one.”*

The only truly essential thing in life is a relationship with God. More important than anything you can do for Jesus is your time spent alone with Him. When we focus on the world around us, we can get anxious. When we focus on ourselves, we can get depressed. But when we focus on God, we find rest.

### 2. Our daily bread

*Psalms 119:97 Oh how I love your law! It is my meditation all the day.*

God’s Word is our life. It’s how God speaks to us and an essential part of our daily relationship with Him. We don’t read it out of duty, we read it because we love it. His Word gives us the nourishment we need for our lives. And shows us our inheritance as a children of God.

### 3. Constant prayer

*Ephesians 6:18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.*

We hear from God in Bible reading and we speak to Him in prayer. Prayer helps us to see things from God’s perspective. It doesn’t always change our circumstances, but it always changes us. Then we are better able to handle the circumstances in life. We have less fear, anger and negativity with more peace, hope and joy when we spend time in prayer.