



# MESSAGE NOTES

## Loving One Another

1 John 4:7-8

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### 1. The mark of one who knows God

**1 John 4:7-8**“ Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God.

8 Whoever does not love does not know God, because God is love.”

When we are unloving, have we forgotten that we are a child of the Father?

We live in a day of “Cancel Culture” — people so easily drops relationships. What if instead of removing people from our lives, we extended compassion to them? Next time try to listening and not snapping back. Stay calm with the peace our Heavenly Father gave us.

### 2. Guarding your heart and your mind

**Philippians 4:7**“ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Take time to be calm and ready to return blessing for curses and love your enemies. Be overflowing in God’s peace. Be wise and don’t hold grudges.

### 3. Loving God with your all

**Mark 12:30-31**“ Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’<sup>31</sup> The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

**Conclusion:** The love of the Father in us will give us the power to love the people who may have hurt us. It could be that hurtful people are hurt. They could be having a difficult time loving themselves so they act unloving to you.